

RON ANDERS, LICSW

1424 Fourth Avenue • Suite 831 • Seattle, Washington 98101 • (206) 621-8788

Welcome! The following information is furnished to facilitate clear understanding of services that are provided, as well as our mutual responsibilities. Please read it carefully.

I am a psychotherapist and educator who works with individuals and groups. I hold a Masters Degree in Social Work from the Hunter College School of Social Work in New York City. I am a Washington State Licensed Independent Clinical Social Worker and a member of the National Association of Social Workers. In working with clients, I use supportive psychotherapy, with an orientation that combines both Gestalt and Existential-Humanistic approaches. Where appropriate, I also use cognitive-behavioral techniques, as well as guided imagery and task-oriented counseling. My basic focus of therapy is oriented towards raising clients' awareness of patterns of behavior. I believe that this focus will enable you to gain a better understanding of your problems and achieve a greater ability to cope with them. This, in turn, will facilitate improved relationships with others.

Session Times and Fees

Individual sessions typically last 50 minutes. Unless other arrangements are made in advance, fees for therapy sessions are due in full at the time of each session. My fee for individual sessions is \$150.

If you have health insurance that covers psychotherapy, I will gladly provide your insurance company with the necessary information for insurance claim forms. You are responsible for keeping track of which services your health insurance covers. I strongly recommend that you contact your insurance company to confirm your coverage. You are also responsible for making sure your insurance company follows through with payment. (I will inform you if they do not do so.) If you are being referred by your Employee Assistance Program (EAP), it usually pays all charges for EAP sessions.

If you are more than one session behind in payment, you may be denied services until your bill is current. Any balance over 60 days past due will be charged at 1½ % interest per month.

Cancellations and Missed Sessions

For the therapeutic process to work optimally, consistent attendance of sessions is vitally important and encouraged. The guidelines regarding missed sessions are as follows:

All sessions will be charged for unless at least 24 hours' advance notice is given. If you have health insurance, you will still be responsible for the full fee for a missed session, not just your co-payment. If you arrive late for a session, you will be charged for a full session.

In the event of severely inclement weather, please call to confirm that the office is open.

(OVER)

Confidentiality Guidelines

All therapist-client contact is strictly confidential and will not be disclosed to any other person or agency without your written permission. There are certain situations, however, where the law requires that information be disclosed without your permission. These exceptions to confidentiality will be made if clients endanger themselves or others, if there is a reasonable suspicion of child abuse or abuse or neglect of someone who is unable to protect him/herself or if the court issues a legitimate subpoena. If you are in psychotherapy by order of the court, they must be informed of your progress. I periodically discuss client-related matters with a consultant, but use no identifying information.

My work with patients complies with all regulations as set forth by the state of Washington in RCW 18.19. If you wish to review the professional record for social workers or other allied mental health professionals, you may do so at the Department of Health website, www.doh.wa.gov.

Date

Client

Date

Ron Anders, LICSW
Washington State Licensed Social Worker
No. 020704 – LW00005654